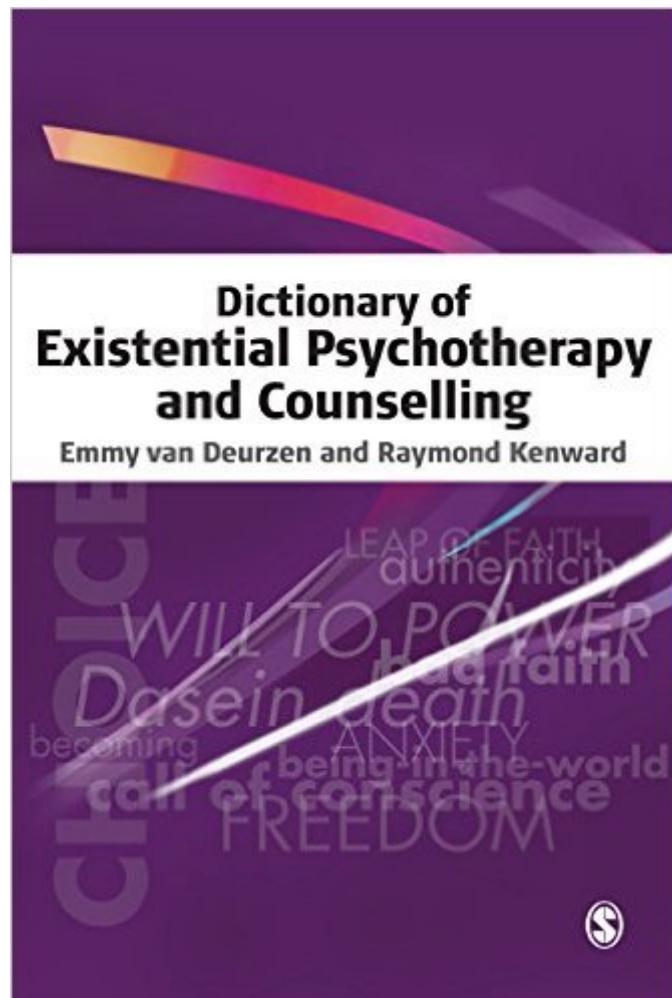


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# Dictionary Of Existential Psychotherapy And Counselling



## Synopsis

The Dictionary of Existential Psychotherapy and Counselling is a comprehensive lexicon of existential terms, their meaning and application. With over 350 entries (cross-referenced throughout), the book is the ideal companion to studying the ideas of existential pioneers, such as Kierkegaard, Heidegger and Sartre. Drawing on their experience as existential practitioners, Emmy van Deurzen and Raymond Kenward achieve the difficult task of making complex philosophical concepts accessible and practically relevant. Through the use of illustrative quotations and examples, they translate existential terminology into everyday language and show how the ideas are employed in practice. They also examine associated themes such as sexuality and religion and appraise the main strengths, weaknesses and limits of the existential approach. The Dictionary of Existential Psychotherapy and Counselling will be invaluable to all trainees and practitioners of the existential approach and to all counsellors and psychotherapists who recognise the centrality of philosophical concepts to their practice.

## Book Information

File Size: 914 KB

Print Length: 236 pages

Publisher: SAGE Publications Ltd (May 12, 2005)

Publication Date: June 16, 2014

Sold by: Digital Services LLC

Language: English

ASIN: B00L4DXUYK

Text-to-Speech: Enabled

X-Ray: Not Enabled

Word Wise: Enabled

Lending: Not Enabled

Enhanced Typesetting: Enabled

Best Sellers Rank: #1,102,059 Paid in Kindle Store (See Top 100 Paid in Kindle Store) #24 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Movements > Existential #70 in Books > Medical Books > Psychology > Movements > Existential #246 in Kindle Store > Kindle eBooks > Health, Fitness & Dieting > Counseling & Psychology > Reference

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It is an okay book, with a lot of definitions, but not what I thought it was, but its fine.

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